



2. Sparkassen-City-Lauf

14. Juni 2009

10km Lauf

gedruckt 14.06.2009 13:30:47

Ergebnisse

Männer

| Platz | Startnr. | Name | JG | NAT | Verein/*Ort | AK | -Platz | Pos | Zielzeit |
|-------|----------|----------------------|----|-----|----------------------------|-----|--------|-----|----------|
| 1 | 182 | Kott, Georg | 61 | DEU | LC Rapid Dortmund | M45 | 1 | 1 | 36:02 |
| 2 | 200 | Serke, Sven | 77 | DEU | LSF Bönen | M30 | 1 | 2 | 36:36 |
| 3 | 203 | Greis, Volker | 70 | DEU | Lauf Team Unna | M35 | 1 | 3 | 36:41 |
| 4 | 160 | Franik, Volker | 77 | DEU | LG Wuppertal | M30 | 2 | 4 | 37:54 |
| 5 | 226 | Henseleit, Philipp | 88 | DEU | ASV Iserlohn | MHK | 1 | 5 | 38:46 |
| 6 | 213 | Gutsch, Fabian | 75 | DEU | Sparkasse Dortmund | M30 | 3 | 6 | 38:46 |
| 7 | 222 | Quent, Simon | 90 | DEU | ASV Iserlohn | MJA | 1 | 7 | 38:48 |
| 8 | 145 | Baumann, Karl-Heinz | 64 | DEU | Gevelsberg | M45 | 2 | 9 | 39:41 |
| 9 | 185 | Altmann, Thorsten | 74 | DEU | SuS Oberaden | M35 | 2 | 10 | 40:08 |
| 10 | 190 | Jauer, Uli | 59 | DEU | Lauf Team Unna | M50 | 1 | 11 | 40:09 |
| 11 | 227 | Quent, Fabian | 90 | DEU | ASV Iserlohn | MJA | 2 | 12 | 40:10 |
| 12 | 120 | Dempe, Matthias | 68 | DEU | Lauf Team Unna | M40 | 1 | 13 | 40:50 |
| 13 | 184 | Maletz, Steffen | 69 | DEU | SuS Oberaden | M40 | 2 | 14 | 41:04 |
| 14 | 210 | Wortmann, Dirk | 65 | DEU | LAC Veltins | M40 | 3 | 15 | 41:09 |
| 15 | 204 | Heldt, Michael | 69 | DEU | | M40 | 4 | 16 | 41:27 |
| 16 | 148 | Dombrowski, Leon | 58 | DEU | Evonik Team Dortmund | M50 | 2 | 17 | 41:38 |
| 17 | 224 | Hoheisel, Uwe | 67 | DEU | TV Werne 03 | M40 | 5 | 18 | 41:39 |
| 18 | 196 | Von Holten, Andre | 69 | DEU | TSV Hagen 1860 | M40 | 6 | 19 | 42:09 |
| 19 | 193 | Schneider, Georg | 56 | DEU | Marathon-Club Menden | M50 | 3 | 20 | 42:35 |
| 20 | 156 | Weier, Ralf | 63 | DEU | SV Westfalia Rhynern | M45 | 3 | 21 | 42:48 |
| 21 | 199 | Bartusiak, Stanislaw | 51 | DEU | LSF Münster | M55 | 1 | 22 | 42:51 |
| 22 | 158 | Niessner, Jannick | 93 | DEU | Kamen | MJB | 1 | 23 | 42:57 |
| 23 | 177 | Pasic, Martin | 60 | DEU | LT BSG Grohe | M45 | 4 | 24 | 43:06 |
| 24 | 121 | Swennen, Sebastian | 83 | DEU | TG Holzwickede | MHK | 2 | 25 | 43:17 |
| 25 | 124 | Rehbein, Kai | 83 | DEU | Amsberg | MHK | 3 | 26 | 43:22 |
| 26 | 172 | Wahle, Ansgar | 65 | DEU | *Bochum | M40 | 7 | 27 | 44:10 |
| 27 | 195 | Kuchmann, Marcus | 72 | DEU | Lauffreunde Bönen | M35 | 3 | 28 | 44:12 |
| 28 | 134 | Frese, Wilfried | 44 | DEU | TVE Do-Bodenschwingh | M65 | 1 | 29 | 44:22 |
| 29 | 228 | Bleicker, Dirk | 68 | DEU | LSF-Unna-2000 | M40 | 8 | 30 | 44:24 |
| 30 | 143 | Quitschorek, Martin | 68 | DEU | LAC Veltins Hochsauerland | M40 | 9 | 31 | 44:30 |
| 31 | 212 | Kolonko, Peter | -1 | DEU | | MHK | 4 | 32 | 44:38 |
| 32 | 131 | Otto, Manfred | 53 | DEU | LG Hamm | M55 | 2 | 33 | 45:18 |
| 33 | 135 | Niemeier, Markus | 68 | DEU | Unna | M40 | 10 | 34 | 45:23 |
| 34 | 167 | Amberger, Andreas | 65 | DEU | SuS Oberaden | M40 | 11 | 35 | 45:32 |
| 35 | 175 | Hempel, Hartmut | 43 | DEU | LSF-2000-Unna | M65 | 2 | 36 | 45:32 |
| 36 | 221 | Olejniczak, Stefan | 54 | DEU | Continental Dortmund | M55 | 3 | 37 | 45:40 |
| 37 | 113 | Nather, Meinolf | 64 | DEU | Fiat Flöhe Ruhrpott | M45 | 5 | 38 | 45:42 |
| 38 | 180 | Kämper, Fritz | 57 | DEU | SV Preußen Lünen | M50 | 4 | 39 | 46:04 |
| 39 | 154 | Mayer, Hans-Jürgen | 59 | DEU | Evonik Team Dortmund | M50 | 5 | 40 | 46:28 |
| 40 | 202 | Kluge, Sebastian | 86 | DEU | | MHK | 5 | 41 | 46:46 |
| 41 | 188 | Bastert, Franz | 59 | DEU | LSF-Unna-2000 | M50 | 6 | 43 | 47:15 |
| 42 | 123 | Gutowski, Thomas | 66 | DEU | Lünen | M40 | 12 | 45 | 47:56 |
| 43 | 218 | Pick, Klaus | 66 | DEU | MSG Unna Lünern | M40 | 13 | 46 | 47:56 |
| 44 | 225 | Riedel, Alfred | 61 | DEU | | M45 | 6 | 47 | 47:59 |
| 45 | 166 | Flügel, Bernd | 64 | DEU | LT-Scharnhorst | M45 | 7 | 48 | 48:07 |
| 46 | 164 | Berges, Peter | 54 | DEU | LF Bönen | M55 | 4 | 49 | 48:37 |
| 47 | 223 | Lenz, Ralf | 63 | DEU | Lauf Team Unna | M45 | 8 | 50 | 49:22 |
| 48 | 219 | Dada, Adrian | 63 | DEU | | M45 | 9 | 51 | 49:38 |
| 49 | 183 | Fotschki, Walter | 38 | DEU | TVA Dortmund-Wickede | M70 | 1 | 52 | 49:43 |
| 50 | 138 | Becker, Jens | 77 | DEU | Duisburg | M30 | 4 | 53 | 51:14 |
| 51 | 211 | Feldhaus, Thomas | 66 | DEU | | M40 | 14 | 54 | 51:39 |
| 52 | 137 | Grothe, Frank | 73 | DEU | Unna | M35 | 4 | 55 | 51:46 |
| 53 | 194 | Bentrup, Bernd | 41 | DEU | Sportschützen Kaunitz-Verl | M65 | 3 | 56 | 52:12 |
| 54 | 207 | Tank, Dieter | 55 | DEU | | M50 | 7 | 57 | 52:34 |
| 55 | 129 | Kirchhoff, Lars | 69 | DEU | Unna | M40 | 15 | 58 | 52:44 |
| 56 | 176 | D'Erbee, Leo | 30 | DEU | Marathon Soest | M75 | 1 | 60 | 53:17 |



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| Platz | Startnr. | Name | JG | NAT | Verein/*Ort | AK | -Platz | Pos | Zielzeit |
|-------|----------|------------------------|----|-----|-------------------|-----|--------|-----|----------|
| 57 | 189 | Sommer, Wilhelm | 50 | DEU | LSF-Unna-2000 | M55 | 5 | 62 | 53:32 |
| 58 | 178 | Praus, Rainer | 71 | DEU | | M35 | 5 | 65 | 54:12 |
| 59 | 168 | Krieg, Horst | 28 | DEU | SuS Oberaden | M80 | 1 | 67 | 54:34 |
| 60 | 117 | Vierhaus, Detlev | 59 | DEU | Team 4haus | M50 | 8 | 68 | 54:40 |
| 61 | 191 | Köchling, Dieter | 60 | DEU | | M45 | 10 | 69 | 54:55 |
| 62 | 208 | Pütz, Franz - Josef | 49 | DEU | | M60 | 1 | 73 | 56:10 |
| 63 | 192 | Lieding, Michael | 60 | DEU | | M45 | 11 | 75 | 56:50 |
| 64 | 142 | Potempa, Jürgen | 70 | DEU | CaBaNauTeN/Bönen | M35 | 6 | 76 | 57:06 |
| 65 | 169 | Steeg, Peter | 45 | DEU | SuS Oberaden | M60 | 2 | 77 | 57:14 |
| 66 | 229 | Kortmann, Oliver | 75 | DEU | SuS Oberaden | M30 | 5 | 78 | 57:37 |
| 67 | 159 | Niessner, Martin | 61 | DEU | Kamen | M45 | 12 | 79 | 57:38 |
| 68 | 165 | Flügel, Ernst | 30 | DEU | Teutonia Lanstrop | M75 | 2 | 80 | 57:47 |
| 69 | 214 | Ludger, Tölke | 60 | DEU | | M45 | 13 | 82 | 58:06 |
| 70 | 230 | Brinschwitz, Alexander | 98 | DEU | Laufen - Larfen | M< | 1 | 83 | 59:44 |
| 71 | 150 | Brinschwitz, Marcus | 70 | DEU | laufen-Garfeln.de | M35 | 7 | 84 | 59:44 |
| 72 | 186 | Tölke, Johannes | 66 | DEU | Team Tölke | M40 | 16 | 85 | 59:56 |
| 73 | 125 | Böhme, Thomas | 62 | DEU | Dortmund | M45 | 14 | 86 | 1:00:34 |
| 74 | 133 | Sina, Christian | 69 | DEU | Ski Club Unna | M40 | 17 | 88 | 1:01:23 |
| 75 | 231 | George, Alan | 61 | DEU | Lauf Team Unna | M45 | 15 | 91 | 1:02:47 |
| 76 | 162 | Raskop, Uwe | 62 | DEU | Unna | M45 | 16 | 93 | 1:05:23 |
| 77 | 126 | Michel, Frank | 69 | DEU | Schwerte | M40 | 18 | 94 | 1:05:28 |
| 77 | 127 | Rechziger, Dagumar | 59 | DEU | Hamm | M50 | 9 | 95 | 1:05:28 |



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| Platz | Startnr. | Name | JG | NAT | Verein/*Ort | AK | -Platz | Pos | Zielzeit |
|-------|----------|-------------------------|----|-----|---------------------------|-----|--------|-----|----------|
| 1 | 201 | Schaedel, Dagmar | 77 | DEU | LG ASV DSHS Köln | W30 | 1 | 8 | 39:41 |
| 2 | 220 | Radakovic, Natascha | 75 | DEU | SDS Schwerte | W30 | 2 | 42 | 46:54 |
| 3 | 144 | Quitschorek, Stefanie | 69 | DEU | LAC Veltins Hochsauerland | W40 | 1 | 44 | 47:39 |
| 4 | 217 | Pöttsch, Janelle | 84 | DEU | | WHK | 1 | 59 | 53:16 |
| 5 | 152 | Ebbing, Tina | 76 | DEU | LSF-Unna-2000 | W30 | 3 | 61 | 53:32 |
| 6 | 171 | Witte, Sandra | 77 | DEU | *Unna | W30 | 4 | 63 | 53:43 |
| 7 | 139 | Doering, Mareike | 86 | DEU | Unna | WHK | 2 | 64 | 53:46 |
| 8 | 130 | Ulmer, Anke | 68 | DEU | Unna | W40 | 2 | 66 | 54:26 |
| 9 | 205 | Hein, Luise | 51 | DEU | Teutonia Lanstrop | W55 | 1 | 70 | 55:22 |
| 10 | 181 | Grathwohl, Kirsten | 83 | DEU | LT Holzwickede | WHK | 3 | 71 | 55:46 |
| 11 | 173 | Thiemann, Bärbel | 66 | DEU | *Unna | W40 | 3 | 72 | 55:53 |
| 12 | 155 | Krause, Silke | 64 | DEU | Reitverein Menden | W45 | 1 | 74 | 56:30 |
| 13 | 140 | Tölke, Annette | 63 | DEU | Team Tölke | W45 | 2 | 81 | 58:06 |
| 14 | 197 | Krause - Holz, Angelika | 78 | DEU | Triathlon Witten | W30 | 5 | 87 | 1:00:50 |
| 15 | 163 | Raskop, Beate | 60 | DEU | Unna | W45 | 3 | 89 | 1:01:46 |
| 16 | 216 | Schmidt, Ulrike | 58 | DEU | | W50 | 1 | 90 | 1:01:53 |
| 17 | 215 | Federholzner, Heike | 67 | DEU | | W40 | 4 | 92 | 1:05:04 |